

Dear Parent/Guardian of 6th grade students:

RE: 7th Grade State Mandated Health Assessment/Physical/Immunization Requirements

The State of Connecticut General Statutes requires that a health assessment be conducted prior to entering the 7th grade. A health assessment /physical examination shall include:

- A physical examination which shall include hematocrit or hemoglobin test
- Height, weight and blood pressure
- Vision screening
- Hearing screening
- Postural screening
- A chronic disease assessment which shall include, but not be limited to asthma
- An update of immunizations
- Screening questions to be answered by medical provider
- Screening questions to be answered by the parent/guardian
- Health and developmental history information as the physician feels is necessary.

The following are the 7th grade requirements for immunizations and must be completed prior to the first day of 7th grade:

- **Tdap: Adolescent Tdap booster vaccine for 7th grade entry**
- Td/Tdap: At least 3 doses. The last dose must be given on or after 4th birthday. Students who start the series at age 7 or older only need a total of 3 doses.
- Polio: At least 3 doses. The last dose must be given on or after 4th birthday
- MMR: 2 doses on or after the 1st birthday. Second dose given at least 4 weeks after the first dose.
- Hep B: 3 doses
- Varicella: 2 doses or Verification of disease, Confirmation in writing by a MD, PA, or APRN that the child has a previous history of disease, based on family or medical history.
- **Meningococcal: 1 dose of Meningococcal vaccine for 7th grade entry**

Tuberculosis (TB) screening/assessment

Screening/assessment for Tuberculosis is required as part of the State of Connecticut Department of Education Health Assessment Record ("Blue form")

Medications:

Before any medication, prescribed or over the counter, may be taken by students in school, an Authorization for Medication form must be on file in the school health office. No prescribed or over the counter drugs (Tylenol, Advil, etc.) will be administered by the nurse or self-administered until this form is on file. This is in compliance with Connecticut Statutes and Canton Board of Education policy. If you wish to have your child take medication of any kind during school hours, please have your physician complete the enclosed form and submit it to the health office. This policy is in effect for the protection of your child and we do appreciate your cooperation.

Sports Physicals:

Physical examinations and clearance for sport participation will be granted if the physical exam is within 1 year of the sport the child is playing. If your child will be playing sports during the school year, I strongly recommend you schedule your appointment for after June 15th. This will cover your child for the entire school year.

We are asking that these requirements be met by the end of the school year in order to assist in a smooth transition to middle school.

If you have any questions, please feel free to call me at 860-542-5286 Ext 129.or email at pequignotd@botelleschool.org

Thank you,

Donna Pequignot, RN, MS