

# December 2018 BOTELLE SCHOOL LUNCH MENU

| <b>MONDAY</b>  | <b>TUESDAY</b>   | <b>WEDNESDAY</b>  | <b>THURSDAY</b>   | <b>FRIDAY</b>   | <b>ALTERNATES</b>  |
|--|--|---|---|---|--|
| 3.<br>Swedish Meatballs w/<br>gravy<br>Over Egg Noodles<br>Steamed Peas<br>Assorted Veggie Cups<br>Assorted Fruit Cups<br>Choice of Milk | 4.<br>School Made Macaroni &<br>Cheese<br>Dinner Roll<br>Mixed Vegetables<br>Assorted Veggie Cups<br>Assorted Fruit Cups<br>Choice of Milk | 5.<br>Hamburger or<br>Cheeseburger on a Whole<br>Wheat Roll<br>w/Lettuce & Tomato<br>Fries<br>Assorted Veggie Cups<br>Assorted Fruit Cups<br>Choice of Milk | 6.<br>Beef Taco<br>Shredded Cheese, Lettuce &<br>Tomato, Salsa<br>Steamed Corn<br>Brown Rice<br>Assorted Veggie Cups<br>Assorted Fruit Cups<br>Choice of Milk   | 7.<br>Bosco Sticks<br>w/ Marinara Sauce<br>Garden Salad<br>Assorted Veggie Cups<br>Assorted Fruit Cups<br>Choice of Milk                                  | PB&J on WW Bread<br>or<br>Yogurt Plate<br>or<br>Salad<br>or<br>Tuna Sandwich |
| 10.<br>Crispy Chicken on<br>Whole Wheat Roll<br>Potato Wedges<br>Assorted Veggie Cups<br>Assorted Fruit Cups<br>Choice of Milk           | 11.<br>Nacho Grande w/Beef<br>Cheese, Lettuce, Tomato<br>Refried Beans<br>Assorted Veggie Cups<br>Assorted Fruit Cups<br>Choice of Milk    | 12.<br>Whole Wheat Spaghetti<br>w/Meatballs<br>Whole Wheat Bread Sticks<br>Garden Salad<br>Assorted Veggie Cups<br>Assorted Fruit Cups<br>Choice of Milk    | 13.<br>Popcorn Chicken Bowl<br>Mashed Potatoes<br>Gravy<br>Whole Kernel Corn<br>Assorted Veggie Cups<br>Assorted Fruit Cups<br>Choice of Milk   | 14.<br>French Bread<br>Garden Salad<br>Assorted Veggie Cups<br>Assorted Fruit Cups<br>Choice of Milk  | PB&J on WW Bread<br>or<br>Yogurt Plate<br>or<br>Salad<br>or<br>Tuna Sandwich |
| 17.<br>Mini Turkey Corn<br>Dogs<br>Baked Beans<br>Fries<br>Assorted Veggie Cups<br>Assorted Fruit Cups<br>Choice of Milk                 | 18.<br>French Toast with Syrup<br>Sausage<br>Hash Browns<br>Assorted Veggie Cups<br>Assorted Fruit Cups<br>Choice of Milk                  | 19.<br>Chicken & Cheese<br>Quesadilla on Whole<br>Wheat Wrap<br>Peppers & Onions<br>Assorted Veggie Cups<br>Assorted Fruit Cups<br>Choice of Milk           | 20.<br>Hamburger or<br>Cheeseburger on Whole<br>Wheat Roll<br>Potato Wedges<br>Assorted Veggie Cups<br>Assorted Fruit Cups<br>Choice of Milk  | 21.<br>Stuffed Crust Pizza<br>Garden Salad<br>Assorted Veggie Cups<br>Assorted Fruit Cups<br>Choice of Milk   | PB&J on WW Bread<br>or<br>Yogurt Plate<br>or<br>Salad<br>or<br>Tuna Sandwich |
| 24.<br>NO SCHOOL<br>WINTER BREAK   | 25.<br>NO SCHOOL<br>WINTER BREAK   | 26.<br>NO SCHOOL<br>WINTER BREAK  | 27.<br>NO SCHOOL<br>WINTER BREAK  | 28.<br>NO SCHOOL<br>WINTER BREAK  | PB&J on WW Bread<br>or<br>Yogurt Plate<br>or<br>Salad<br>or<br>Tuna Sandwich |
| 31.<br>NO SCHOOL<br>WINTER BREAK   |  |   | <u>FREE &amp; REDUCED<br/>LUNCHES</u><br>Applications are in the first<br>day of school packets. Please<br>take advantage of this benefit<br>if you are eligible.<br>Feel free to apply anytime if<br>circumstances change in your<br>household | All menus subject to<br>change without notice<br>-----<br>Fruit Served Daily<br>-----<br>Choice of Milk:<br>1% Low Fat Milk or<br>Fat Free Chocolate Milk | PB&J on WW Bread<br>or<br>Yogurt Plate<br>or<br>Salad<br>or<br>Tuna Sandwich |