

JANUARY 2019 BOTELLE SCHOOL LUNCH MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | ALTERNATES |
|---|--|--|--|---|---|
| <p>All menus subject to change without notice</p> <p>----- Fruit Served Daily -----</p> <p>Choice of Milk: 1% Low Fat Milk or Fat Free Chocolate Milk</p> | <p><u>FREE & REDUCED LUNCHES</u></p> <p>Applications are in the first day of school packets. Please take advantage of this benefit if you are eligible. Feel free to apply anytime if circumstances change in your household</p> | <p>2. Hot Dog on a WW Roll Baked Beans Garden Salad Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>3. Chicken Teriyaki Bowl Brown Rice Mixed Vegetables Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>4. French Bread Pizza Spinach Salad Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>PB&J on WW Bread or Yogurt Plate or Salad or Tuna Sandwich</p> |
| <p>7. Swedish Meatballs w/Gravy Egg Noodles Steamed Peas Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>8. School Made Macaroni & Cheese Dinner Roll Mixed Vegetables Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>9. Hamburger or Cheeseburger on WW Roll w/Lettuce & Tomato Fries Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>10. Beef Taco Shredded Cheese, Lettuce, Tomato, Salsa, Steamed Corn, Mexican Rice Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>11. Bosco Sticks with Marinara Sauce Romaine Salad Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>PB&J on WW Bread or Yogurt Plate or Salad or Tuna Sandwich</p> |
| <p>14. Crispy Chicken on WW Roll Potato Wedges Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>15. Nacho Grande w/Beef Cheese, Lettuce, Tomato Refried Beans Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>16. WW Spaghetti w/Meatballs WW Bread Sticks Garden Salad Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>17. Popcorn Chicken Bowl Mashed Potatoes Gravy Whole Kernel Corn Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>18. French Bread Pizza Spinach Salad Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>PB&J on WW Bread or Yogurt Plate or Salad or Tuna Sandwich</p> |
| <p>21. NO SCHOOL Martin Luther King, JR. Day</p> | <p>22. French Toast with Syrup Sausage Links Hash Browns Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>23. Chicken & Cheese Quesadilla on 2 WW Wrap Peppers & Onions Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>24. Hamburger or Cheeseburger on WW Roll w/Lettuce & Tomato Potato Wedges Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>25. Stuffed Crust Pizza Garden Salad Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>PB&J on WW Bread or Yogurt Plate or Salad or Tuna Sandwich</p> |
| <p>28. Macaroni and Cheese with Popcorn Chicken Mixed Vegetables Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>29. BBQ Rib Q on WW Roll Sweet Potato Oven Fries Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>30. Grilled Cheese with Soup Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>31. Beef Taco Shredded Cheese, Lettuce, Tomato, Salsa, Steamed Corn, Mexican Rice Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>1. Bosco Sticks with Marinara Sauce Romaine Salad Assorted Veggie Cups Assorted Fruit Cups Choice of Milk</p> | <p>PB&J on WW Bread or Yogurt Plate or Salad or Tuna Sandwich</p> |